

Alexander/Cornwall

Emission. Pollution discharged into the atmosphere

An emissions test is a test conducted on vehicles to check for pollutant emissions produced by the engine of a car.

Not being a very scientific person, it is hard to speak on the science part, but I can speak on the spiritual part about how important it is to be aware of what we as a child of God emit in the world!

So, the question is to all of you my league friends, what kind of emissions are we producing?

When praying on this subject I came across a sticker on the bumper of a CN vehicle it read: "We respect speed limits for safety & to reduce emissions!"



Wow once reading this the next phrase I thought of was from a song I heard, and I quote: "I'm in a hurry to get things done! Oh I rush and rush until life's no fun! All I really got to do is live and die, but I'm in a hurry and don't know why?"

So that really made me stop and think! Now I get why the Holy Spirit made me choose this word!! I myself need to be reminded to slow down!

Cause when I slow down (respect speed limits) in my life, I get in a more spiritual mode!

I have my quiet time with God, I don't only ask but I listen, or hope that in silence or in music or as this sign appeared, I will find my answers!

So, my friends my subject is asking you all to slow down and be prayerful, become aware of your surroundings, learn from what science is teaching us about our home and how to keep it safe for the future!

Let's slow down, be prayerful and let what our emissions in the air spread not be negative like pollution but positive vibes of clean air!

At our Diocesan convention I asked the Presidents from our 9 parishes to draw from a list of ways they can Care for Our Common Home! And the list came from this quote



The Presidents gave awesome reports and numerous suggestions for the members present! The minutes of this convention will be used as a learning tool for all members.

Our Provincial President also wanted to know on how we completed the year with our Provincial theme of Homelessness. Well we all being a mom, a sister, a grand ma or a friend know how much we love being hugged and know it's importance so we are participating in the H.U.G.S. program. All homeless projects will be kept active for the future as Pope Francis has asked us to do so! Last years convention sparked in all of us many ways that a person can help or reach out to homeless people and to change our attitude towards them!
So, Anne know that we will continue helping in whichever ways we can!

Respectfully,

Lynn Pomainville
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